

# **SREE AYYAPPA COLLEGE**

ERAMALLIKKARA, CHENGANNUR, ALAPPUZHA DISTRICT  
KERALA

(GOVT. AIDED COLLEGE AFFILIATED TO THE UNIVERSITY OF KERALA)  
NAAC Accredited



**SSR (Cycle II)**

## **CRITERION – VII INSTITUTIONAL VALUES AND BEST PRACTICES**

**Submitted to  
NATIONAL ASSESSMENT AND ACCREDITATION  
COUNCIL (NAAC)**

**July 2023**



## **KEY INDICATOR 7.2**

### **BEST PRACTICE 2 – “SAHAJEEVANAM, lending a helping hand to the needy”**

The practice aims to provide assistance to the marginalised people in the society and to financially assist the needy students, thereby inculcating the human values of empathy, compassion and social-commitment. Every year the institution directs an assortment of projects to serve the bigger local area. Some of the drives incorporated are:

- ❖ Financial assistance to needy students
- ❖ Palliative Care activities
- ❖ Donation of notebooks to school students
- ❖ Donation of food kits
- ❖ Donation of clothes to senior citizens
- ❖ Donation of money to a cancer patient
- ❖ Covid Warriors-helping hand to society during the Pandemic
- ❖ Donation of mobile phones to students during the Pandemic
- ❖ Hair donation to make wigs for cancer patients
- ❖ Cleaning activities after the flood in 2018
- ❖ Blood donation camps
- ❖ Medical camps

#### **Assistance provided by the college to the students**

By providing financial assistance the institution supports the educational journey of the students who need it.

- **2021-22**

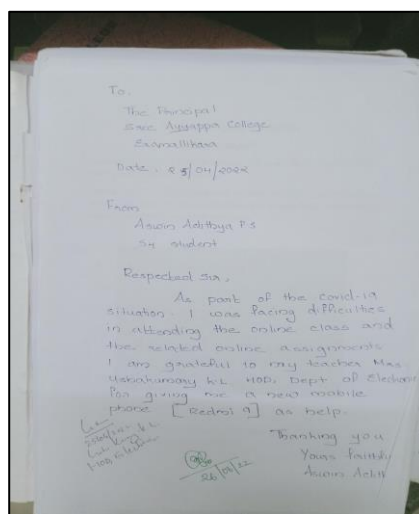
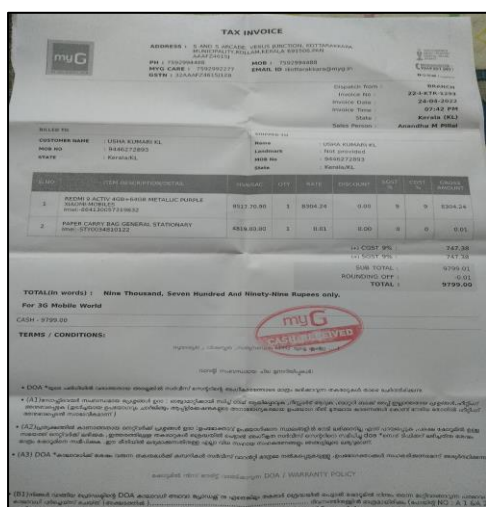
To overcome the barriers due to the pandemic, the Electronics department of Sree Ayyappa College took the initiative to purchase mobile phones for a few students in the department to attend classes online.



**Parvathi. M. Hari, B. Sc Electronics receiving mobile phone from the principal**



**Adithyan. B, B. Sc Electronics receiving mobile phone from the principal**



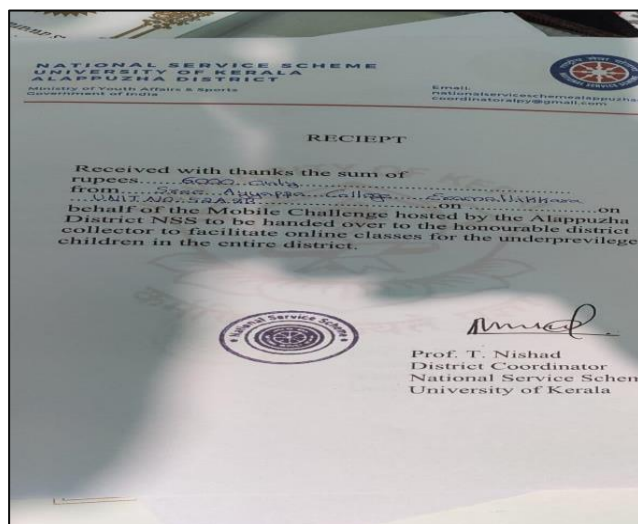
**Bill of the mobile phone handed over to Aswin Adithya and request received from him**

- **Financial assistance of Rs 10,000** was provided to Aiju J, second year, Department of English and Media Studies for paying hostel fee arrears on 17/02/2023.





2. The NSS unit of Sree Ayyappa College participated in the **mobile phone challenge** under the leadership of the National Service Scheme, Alappuzha. Around 100 students participated in the program. With a collective support from the students, teachers and staff, Rs. 6000 was collected and handed to T Nishad, NSS District Coordinator.



Receipt



Handing over mobile phone to District Collector's Office, Alappuzha

## **2018-19**

An amount of Rs.1630/- was distributed among 10 students of the Dept. of Electronics who were affected in flood to meet the expense of Assignment/ Test Paper Books/ Practical Records.



A three-day residential training program on Palliative care was conducted from July 27-29 2022 at Kerala University Student Centre PMJ Junction, Thiruvananthapuram. Abhiraj PK, a student of B. Sc Electronics represented Sree Ayyappa College, Eramallikkara in this program.



Certificate of Abhiraj PK

In the one-day training program on Palliative Care conducted at Government College, Chavara, Ms. Anaswara Manoj student of the S3 B. Com department represented Sree Ayyappa College, Eramallikkara.



Certificate of Anaswara Manoj

### **Formation of Palliative Care Unit on August 11, 2022**

Sree Ayyappa College, Eramallikkara, NSS UNIT NO:52 A&B Palliative Care Unit was formed. It is a group of 30 Volunteers. Based on the training attended, Abhiraj P K and Anaswara Manoj were given the responsibility to lead the unit. Ms. Maya, Palliative

Nurse from PHC, Eramallikkara demonstrated the care that has to be given to palliative patients. Volunteers shared their palliative care experiences.



### Demonstration of palliative care by Ms. Maya, PHC nurse



### Volunteer sharing palliative care experience

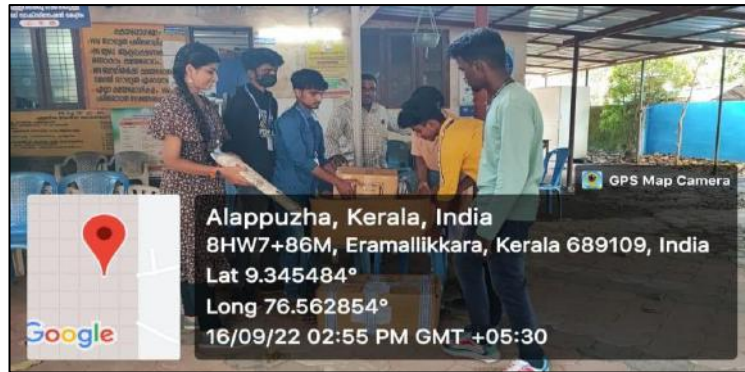
- **Palliative Survey on August 29, 2022**

Our palliative care unit conducted a survey with the help of PHC, Eramallikkara, identified 10 needy patients, interacted with them and took the list of their requirements.

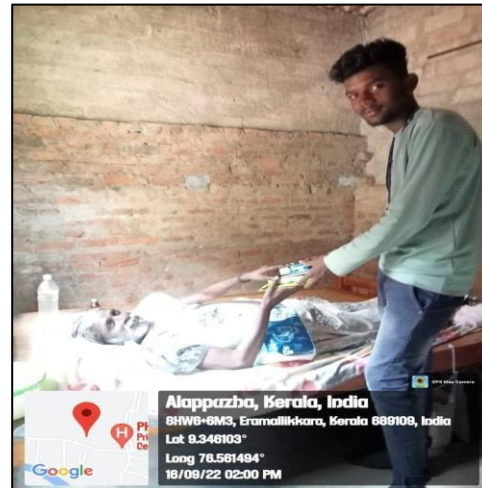


### Palliative Survey- Students interacting with the patients





**Handing over diapers, medicines and sterile water to PHC, Eramallikkara, as per the request of the Palliative team from PHC**



**Students handing over diapers and necessary medicines to patients**

### **Helping Hand to Children under Palliative Care**

Based on the information from PHC and the palliative survey, 10 children were identified under palliative care and they were given the following items:

- Headrest
- Pampers
- BP Cuff machine
- Soap
- Dettol
- Insulin
- Toys



**Volunteers interacting with children under palliative care**



**Head-rest donated to a child under palliative care**





**Distributing BP monitor and insulin**

## **VISIT TO SAANTHWANAM OLD AGE AND PALLIATIVE HOME**

NSS Program Officers along with two volunteers visited *Saanthwanam* Old Age Home, Pathanamthitta on November 23, 2022. The Home has 64 women inmates including 23 palliative care patients.



**Volunteers and Program Officers at *Saanthwanam* Old age home**

## **Medicines for a stroke patient**

As per an emergency request from the bystander of a stroke patient, our Palliative Care Unit gave a month's tablets.



## **PHOTOS OF HOME VISITS AND MEDICINE / ESSENTIALS DISTRIBUTION -JANUARY 2021**

Due to Covid 19, the palliative care activities of Sree Ayyappa College 2020-21 were carried out with Primary Health Centre (PHC), Eramallikkara as its intermediary. The medicines/essential items bought were handed over to PHC and thereafter it was distributed to the needy patients. Volunteers maintained social distancing, assisted PHC staff whenever they demanded and abstained from entering the house of palliative patients.



**Volunteers assisting PHC nurse**



**Handed over sterile water, adult diapers and baby food to PHC, Eramallikkara**





**NSS Volunteers along with the principal Dr. K.C. Prakash and Sri. Sajan, President, Thiruvandoor Panchayath handing over a wheelchair to a palliative patient**

- **2020-21**



**Sree Ayyappa College NSS Programme Officer Dr Ganga G. handed over the medicines costs Rs.10,000 to PHC Thiruvandoor.**



**Volunteers interacting with the patients**

## Blood Donation Camp

- **2017-2018**

Blood donation camps are crucial for meeting the demand for blood in hospitals and medical facilities. Sree Ayyappa College joined in this endeavour with HDFC Bank and organized a blood donation camp on October 13, 2017. The camp was inaugurated by Dr. S. Anil Kumar. Students of the institute as well as the NSS volunteers readily participated in the blood donation camp.



- **2019-2020**

On 14th February 2020, a second blood donation camp was organised in the college seminar hall by Pathanamthitta District Hospital and RIBK. A total of sixty-six volunteers and two college staff members donated their blood.



- **2020-21**

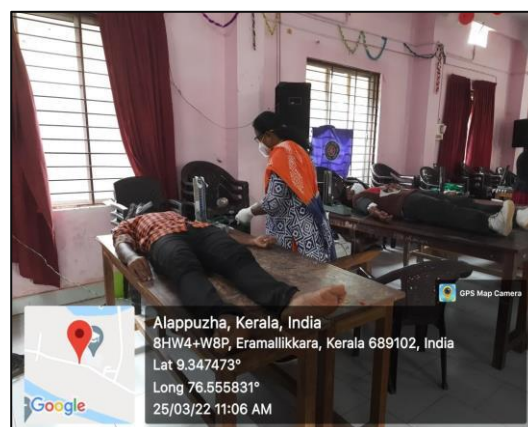
- Blood donation drive becomes valuable for the vast majority of patients conceded in the emergency clinics of Alappuzha, Kollam and Pathanamthitta clinics. As a part of this activity, rare blood groups among the students are identified. When

there is a need for blood, the secretary of the blood donation drive (NSS volunteer) is informed. the secretary is responsible for identifying willing volunteers and a vehicle for commutation will be arranged by the college.



## **2021-2022**

For the third time, a blood donation camp was organised at the college by RIBK on 25 March 2022 in the Seminar Hall.



Apart from the blood donation camp organised at the institute, students of Sree Ayyappa College voluntarily donated their blood to four different hospitals.

## **● 2022-23**

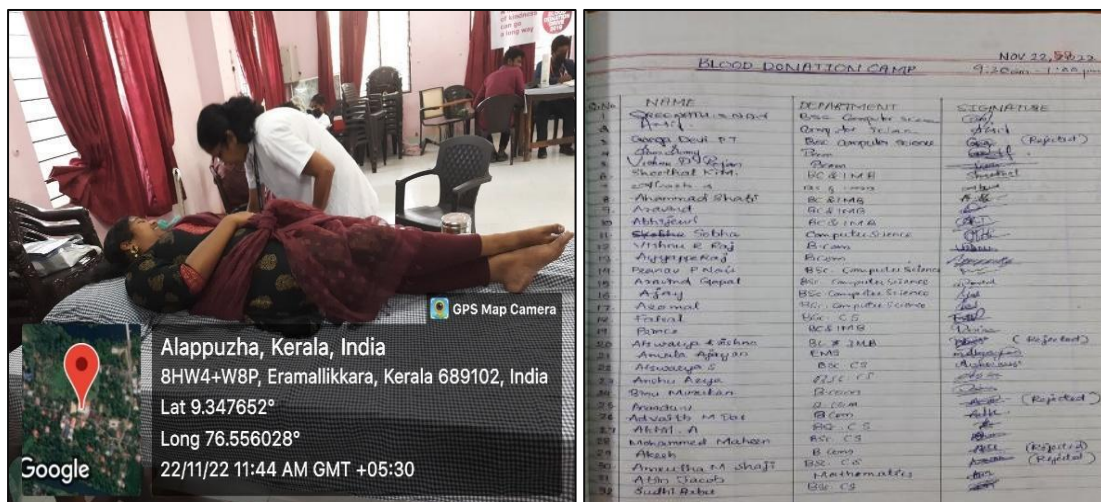
On June 14, 2022, in commemoration of World Blood Donors Day, a special talk was organized at the seminar hall of Sree Ayyappa College, Eramalikkara by Dr. Unnimaya Rajeev. The event aimed to raise awareness about the importance of blood donation and recognize the valuable contributions of blood donors. 91 volunteers participated.





Talk by Dr. Unnimaya Rajeev

The NSS unit of Sree Ayyappa College organized a Blood Donation Camp intending to promote voluntary blood donation and contribute to the noble cause of saving lives. The camp provided an opportunity for individuals to donate blood and make a positive impact on the community. A total of 32 volunteers actively participated in the camp, demonstrating their commitment to serving others.



## Hair donation

- April 9th, 2018



As part of the association's inauguration of the Department of Biochemistry and Industrial Microbiology, a hair donation camp was organized in collaboration with the Chethana Charitable Trust in Kayamkulam. Both students and staff from the department participated in this noble cause by donating their hair to cancer patients.



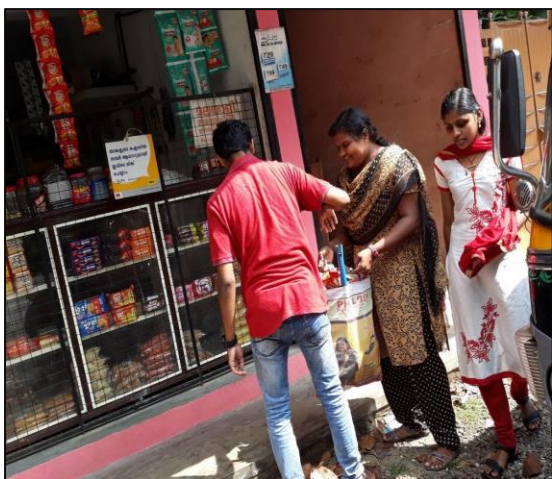
### Certificate of Hair Donation

### A Clean Approach

Sree Ayyappa College adopts a clean and safe approach both within the college premises and in the surrounding locality. Encouraging students to take part in initiatives that promote a green and clean environment is crucial for fostering a sense of responsibility and sustainability. Under the leadership of NSS volunteers, students from the college visit the neighbourhood to clean the surroundings. The institute takes great pride in the student's commitment to community service and environmental stewardship.

### • 2018-19

As part of the Swachh Bharat (Clean India) project, the institution organized a plastic waste collection campaign by college students which may contribute significantly to the cleanliness and environmental goals of the initiative. the Swach Bharath Mission was celebrated from the first of December to the 31st of the month.



### **Plastic waste collection by volunteers from local shops and the Panchayath**

- **2019-20**

From July 31 to August 15, Sree Ayyappa College celebrated Swachh Bharat Mission Programme intending to serve the community. The Swachh Bharat Mission (Clean India Mission) is a nationwide cleanliness campaign launched by the Government of India in 2014. The mission aims to achieve the vision of a clean and open-defecation-free India by promoting cleanliness and sanitation practices. Students of the institution put in their best efforts and carried out the mission successfully. Around seventy volunteers participated in the programme. The main objectives of the programme were:

1. Cleaning railway station and the surrounding area
2. Plastic collection from the railway station and handing over to Kudumbasree Unit
3. Plastic collection from Panchayath and Chengannur ward
4. Cleaning KSRTC bus bay
5. Cleaning College Premises
6. Awareness rally
7. Swachh Bharat Pledge
8. Workshop on Wealth from Waste
9. Cleaning of PHC (Public Health Clinic) of Thiruvannamoor Panchayat





**Swatch Bharath Rally and Pledge**



**Cleaning Mission Team, Chengannur**



**Cleaning KSRTC Bus Station Chengannur**





**Cleaning PHC and Chengannur Talu**

### **COVID WARRIORS 2020-21**

kA commendable effort by an NSS volunteer in Initiating house disinfection for a COVID-19 patient. Akhil R bravely came forward to help a covid affected patient in difficult times. After receiving proper training, the student disinfected the house by strictly adhering to the Covid protocols. Many other volunteers, during the pandemic, came forward and fought along with the health department at the forefront to prevent the spread of disease and the welfare of the society.



**Akhil R., NSS volunteers performing disinfection duty**





**Covid Brigadiers**- Our volunteers were selected as Covid Brigadiers and volunteers and STAR Force and worked from Thiruvananthapuram district to -Wayanad in various roles throughout the Covid period.



**Volunteers serving food in Covid community kitchen**



**Volunteers helping the government officials during survey and it's compilation**



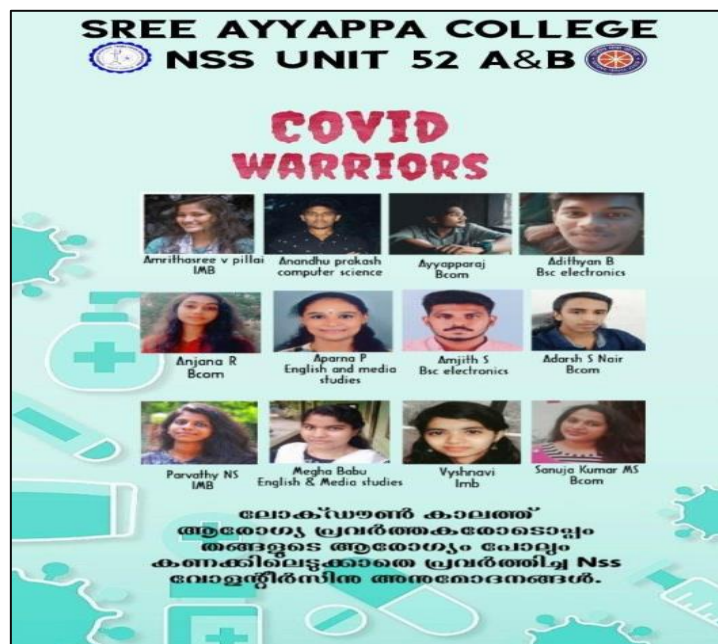
### **STAR-SUPPORT TEAM FOR ACTION READINESS**

NSS volunteer Ram Sankar was appointed as a Covid STAR volunteer during the pandemic.



- **2021-22**

Students of Sree Ayyappa College joined hands with the health department during the pandemic to help those in need.



Covid Warriors of the college

- **2022-23**

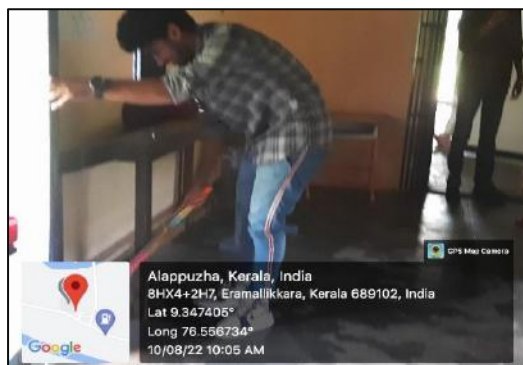
### **Cleaning drive against Dengue July 7, 2022**





- **Cleaning the flood relief camp**

Volunteers cleaned the premises and classrooms of Hindu U P School, Eramalikkara, a flood relief camp on August 10, 2022. Thirty-six volunteers participated in this programme.



- **Pamba Cleaning**

National Service Scheme volunteers of Sree Ayyappa College, Eramalikkara cleaned the premises of Pamba River on November 11, 2022. Two faculty members accompanied forty-three volunteers who wholeheartedly dedicated a day to removing garbage from the shores of the Holy Pamba. The group started from the college at 7.15 am in a hired private vehicle and reached the college at 6.30 pm, after 4 hours of cleaning.



**Cleaning work at the premises of Pamba River**  
**Health Awareness Programmes**

- **2017-18**

**Dental Camp** - The NSS unit of the institute constituted a dental check-up camp on Feb 26 in the 2017-18 year. The camp was constituted to create awareness regarding oral hygiene. This free check-up was open to everyone. Students and teachers of the college and people from the locality took participation in this programme.



- **Homeo Medical Fever Prevention Camp- June 22, 2017**

A Homeo medical fever prevention camp was conducted by the institute in collaboration with the Thiruvannamandoor Panchayat on June 22, 2017. With the participation of 500 members, the camp aimed to raise awareness about fever prevention. Dr. Preetha Nair, the Homeo Medical Officer, played a significant role in distributing preventive medicine against dengue and viral fever to the public.



### **Medical camp at Panchayath**

- **World AIDS Day December 1, 2017**

- The Red Ribbon Club of Sree Ayyappa College celebrated World Aids Day in association with the Public Health Department of Chengannur block, Thiruvannamandoor panchayat and Pandanad Panchayath. The programme organised seminars, blood detection camps and so on to create awareness among the students and the people of the Panchayath.





Awareness session against AIDS



Blood detection Camp

- **2019-2020**

**Eye Disease Detection Camp**

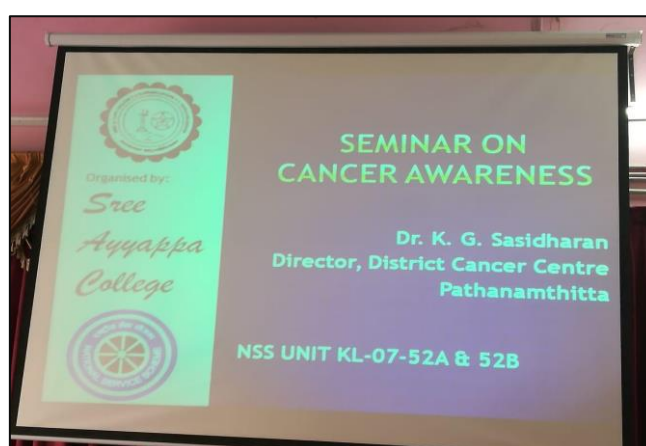
NSS volunteers participated in an Eye disease detection camp organized at Puliyoor on 26<sup>th</sup> August 2019.



## Cancer Survey

- **2018-19**

A cancer survey was conducted from December 1st to January 30 in various wards of the Panchayth by NSS volunteers. According to the survey findings it was found out that ward number 9 had a high number of cancer patients. It was also found that ward number 1 had patients with low socio-economic backgrounds. It was decided that the volunteers of the college in association with PHC of Thiruvannamthoor panchayat would take the initiative in lending a helping hand to those in need.



**Cancer survey**

- **2019-2020**

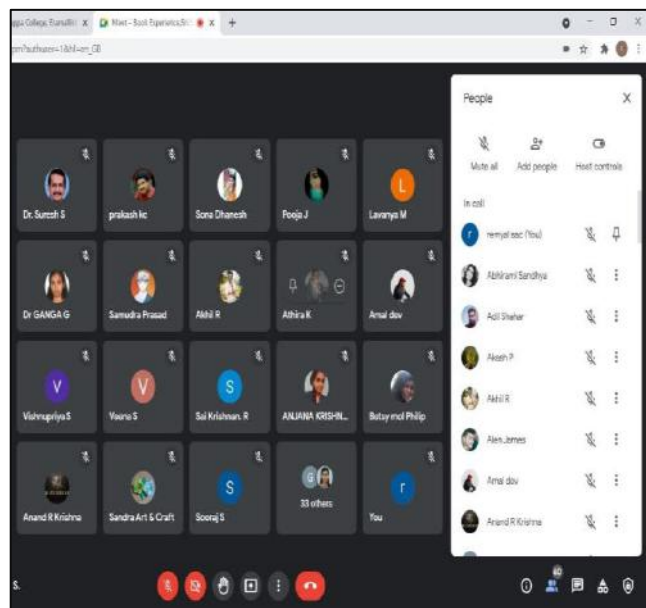
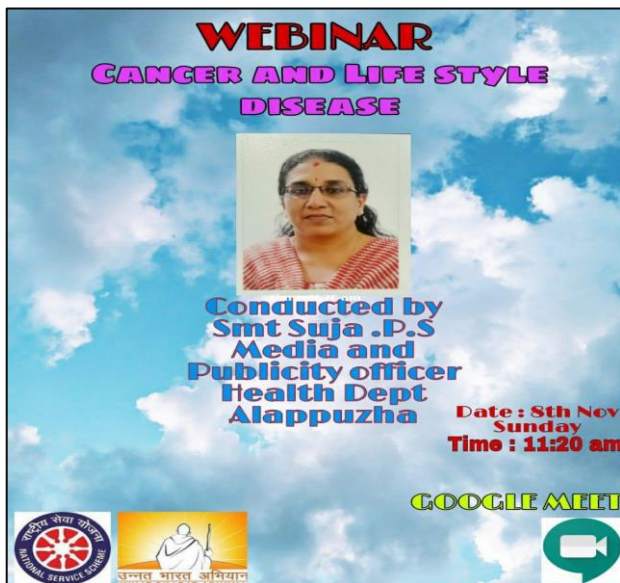
**NSS volunteers participated in a cancer detection camp organized by PHC Eramallikkara on January 6, 2020**



**Volunteers helping PHC in Cancer detection camp**

- **2020-21**

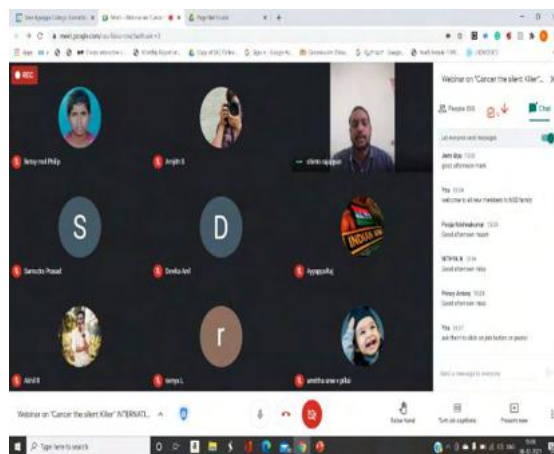
On 8th November 2020, a Cancer awareness program was organised for the students of the institute by Smt. Suja P.S, Media and Publicity Officer, Department of Health. The programme was conducted via the Google Meet platform. A total of 35 Participants participated in the program.





## Webinar on Cancer Awareness February 6, 2020

Dr. Shinde Rajappan, Oncologist, District Hospital, Chengannur conducted a webinar titled *I am and I will fight Cancer* in association with Unnath Bharath Abhiyan and the NSS units of Sree Ayyappa College.



## Camp for the Geriatric

- 2018-19

A camp was organised after the flood for aged people to find out what health issues they were facing mentally and physically. The programme was inaugurated by Dr. Philip, PHC, Eramallikkara. The NSS volunteers actively participated in the programme, enthusiastically working as a group in creating a comfortable atmosphere for the aged citizens.



**Volunteers assisting the elderly during the camp**

## Free Medical Camp and Awareness Programme

- **2018-19**

A free medical cum awareness camp was conducted at Sree Ayyappa College for the girls of the college as well as for the local people. The awareness programme was inaugurated by Dr. Remadevi Thankachi, Head, Dept of Gynaecology. The programme was beneficial for the underprivileged women and it was a huge success. A total of 165 women from the college and the locality, especially females from weaker socioeconomic backgrounds participated in the camp.



**Dr. Ganga G., Program Officer addressing the gathering**

## Donation of notebooks

- **2022-23**

Notebooks and stationery items worth Rs. 6000 was donated to the students of Hindu UP School, Eramallikkara on July 4, 2022.





### **Donation Of Onakkodi (a new dress for Onam)**

NSS volunteers distributed *Onakkodi* to underprivileged senior citizens from the Panchayath on September 6, 2022.



**Donation of *onakkodi* to underprivileged senior citizens**

### **Donation of food kit to a migrant family in the flood relief camp**

- **2022-23**



**Donation of food kit to an underprivileged migrant family by NSS volunteers**





### **Donation of food kit to BPL families by NSS volunteers**



### **Donation of food kit to palliative care patients**

#### **Financial Assistance**

- **2018-19**

As a part of the community work by the college towards society, an amount of Rs. 10,000 was collected and given to a cancer patient Mr. Prabhakaran from Ranni to do chemotherapy.



### **Donation of Rs. 10,000 to a cancer patient**